

10 Minute Quilt Block

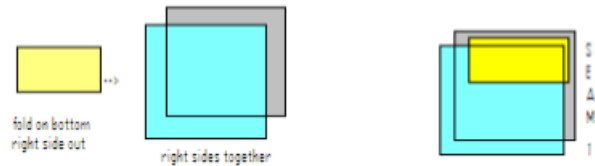
This technique is the 10 minute Quilt block as demonstrated on YouTube by Suzanne McNeil, from Design Originals. The block is made using only 3 seams.

The quilt block is made of 3 fabrics:

- (2) 5" squares of one fabric
- (2) 5" squares of a contrasting fabric
- (1) 5" square of a focus fabric for the center

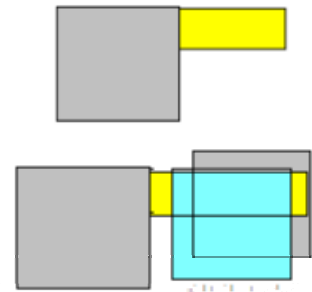
Seam 1

1. Fold the focus fabric in half, **WRONG** sides together.
2. Layer the folded fabric between (2) 5 squares (always put the dark fabric on the bottom), with the raw edges of the folded focus fabric at the top. Sew the seam using a ¼" seam allowance.



Seam 2

1. Fold back the top squares so the wrong sides are together and the folded fabric protrudes from the seam.
2. Layer the folded fabric between the next two 5" squares (placing the dark square on the bottom right sides together). Stitch seam 2 thru all layers.

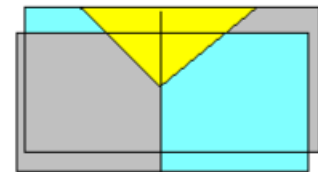


3. Fold out the squares. Seam 1 is on the left, seam 2 is on the right.



Seam 3

1. Match the center of each side of the folded fabric and pull flat so the center seams of the outside squares meet, opening the folded focus fabric. Pin in place.
2. Stitch seam 3 across the top. (*Tip: Pin center seam and edge of fold –sew to center- then pull the other side of the fold out and continue stitching to the end.*)



Open the fabrics and press. You have a block with a center focus square already sewn in. Topstitch the square down or fold over the bias edge and to form a cathedral window.